Certificate IV in Leisure and Health

With Australia’s aging population there is increasing demand for workers in the Aged Care sector. This rewarding career offers security and long term employment opportunities for those who have compassion and a drive to work with the elderly. This qualification reflects the role of workers participating in the design, implementation and evaluation of leisure, health activities and programs for clients in one or more sector areas. Workers may be in residential facilities and/or in community agencies and day centres, completing specialised tasks and functions in relation to leisure and health.

**Delivery:**
- External

**Duration:**
Duration may vary depending on electives chosen. The candidate must have completed at least 120 hours of practical placement to gain qualification.

**Entry requirement:**
Recommend students to be working in the industry.

**Extra Requirements:**
Students are required to submit ‘Aged Care related DCSI Screening’ on enrolment.

Completion of 10 core units and 7 Elective units are required to gain this qualification.

**Core Units:**
- CHCCOM002 Use communication to build relationships
- CHCDIV001 Work with diverse people
- CHCLAH001 Work effectively in the leisure and health industries
- CHCLAH002 Contribute to leisure and health programming
- CHCLAH003 Participate in the planning, implementation and monitoring of individual leisure and health programs
- CHCLAH004 Participate in planning leisure and health programs for clients with complex needs
- CHCLAH005 Incorporate lifespan development and sociological concepts into leisure and health programming
- CHCPRP003 Reflects on and improve own professional practice
- HLTAAP002 Confirm physical health status
- HLTWHS002 Follow safe work practices for direct client care

**Suggested Elective Units:**
A wide range of electives are available to choose from to comply with packaging rules.

**Future Pathways:**
Activities Officer, Community Leisure Officer, Day Support Officer.